

# Service Providers for People with Disabilities Mackay Region





November Edition 2013

With Compliments

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Education Queensland Central Qld Region-Mackay

The purpose of this booklet is to assist people with disabilities, their families and carers by providing them with non-biased information about service providers in the Mackay District.

PLEASE NOTE THAT THIS IS NOT AN EXHAUSTIVE LIST OF SERVICES AVAILABLE AND SOME CHANGES IN EXISTENT SERVICES MAY OCCUR FROM TIME TO TIME. PLEASE CONTACT INDIVIDUAL SERVICES OR DISABILITY INFORMATION ACCESS LINE (DIAL) FOR FURTHER OR UPDATED

INFORMATION.

Disclaimer: The Advisory Visiting Teacher-Transition-Mackay
Region- compiled the information in this booklet from local sources.
There is no guarantee that Service Provider details remain current.

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Address: Zu Meadow Street, Mackay Q 4740

#### **Endeavour Learning & Lifestyle Centre**

Address: 418 Shakespeare Street, Mackay Q 4740 07

Phone: 4944 2200

Services Offered: Residential accommodation.

#### Kalyan Youth Service Inc

Address: 4 Goldsmith Street, Mackay Q 4740

Phone; 07 4951 4352 / 07 4951 4483

Services Offered: Kalyan Youth Service Inc. can provide crisis

accommodation for young, homeless people .16 - 21 years of age target

group).

#### **Life Without Barriers**

Address: Cnr Gordon & Palmer Streets, Nth Mackay

Phone: 07 4965 4800

Services Offered: Host care in family environment: wrap-around service.

#### .Mackay Life Enhancement Group Inc

Address: 24 Ginger Street, Mackay Q 4740

Phone: 07 4952 5277

Services Offered: Provision of personal care and daily living skills development in your own home and further individual requirements;

community events through social support program

# Mackay Lifestyle Support (Mackay Family Care & Community Support Association Inc)

Address: 60 Wellington Street, Mackay Q 4740

Phone; 07 4957 8571

Services Offered: Mackay Lifestyle Support offers in home care (predominately personal care) for people with high to complex

physical disabilities and some medical

management. All one to one.

#### **Multicap**

Address; PO Box 4123, South Mackay Q 4740

Phone: 0427 038 115

Services Offered: 24 hr care of clients in their own homes.

#### **Youth Information & Referral Service**

Address: 60 Victoria Street, Mackay Q 4740

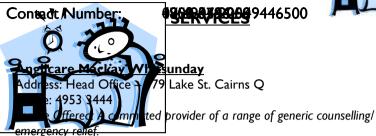
Phone: 07 4957 7949

Services Offered: As a one stop youth shop we are able to provide information regarding a range of options available in the community for

young people aged 12 to 25.







#### **Blue Care Mackay & Sarina**

Address:

Phone: 4951 3756 / 49446500

Service Offered: Health & Community care provided by a team of

professional staff.

#### Commonwealth Respite and Carelink Centre - Mackay

Address: 25 Wellington Street, Mackay Q 4740

Phone: 1800 052 222

Services Offered: Funding for respite care in emergency or short term planned care situation for carers. Information and advocacy for

Carers.

Younger Carers Officer Support. Emergency Support while long term service provision is sourced. 24 hr emergency support.

#### **Endeavour Foundation**

Address: 418 Shakespeare Street, Mackay Q 4740

Phone: 07 47296000

Services Offered: In home respite support.

#### **Galaxy Project (auspiced by Blue Care)**

Address: Level 2 / 60 Wellington Street, Mackay Q 4740

Phone: 07 4957 6016

Services Offered: Approximately 4 hours per week depending on penalty rates to clients eligible for the program. Respite is provided to carers and may occur in the home or in the community whichever is most suitable for the carer.

#### **Golden Doves Home Respite Care**

Address: Suite 2/344 Alfred Street, Mackay Q 4740

Phone: 07 4953 0253

Services Offered: In home and community access respite support.

Funding: Individual

#### Minterland Community Care Inc

Anddress: PO Box 62, Dysart Q 4745

Phone: 07 4958 2116

Services Offered: In home, community and centre based respite care.

#### Reppel Community Care Association Inc.

Address: Shop 4 B Discovery Lane Mackay Q 4740

tPhone: 07 4840 0000

Service Offered: This group provides respite, domestic help, community access and personal care services. They have a Mental Health Program, Aged Care Program and offer group based and individual programs.

## Life Stream Foundation

Address: Cnr Juliet Street and Bridge Road, Mackay 4740

Phone: 07 4957 4612

Services Offered: Life Stream offers sport, recreation and leisure programs.

#### **Life Without Barriers**

Address: Cnr Grendon & Palmer Streets, Nth Mackay

**R**hone: 07 4965 4800

Services Offered: Host care in family environment: wrap-around service.

## Mackay & District Education Centre Ltd (MADEC)

Address: 15 Peel Street, Mackay Q 4740

Phone: 07 49 511 233

Services Offered: Flexible respite offered 24 hr/7 days a week - in your Home.. John E. Smith, Respite Service is for people with a disability under the age of 25, and can be provided in home, out of home or flexible community support. This service can provide for up to 5 days, overnight and short term respite for a few hours can also be provided.

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#### Engedi Respite Care

Address: 15 Harbour Road, North Mackay Q 4740

Phone: 07 4944 1989

Services Offered: 24/7 respite in home like environment.

# Mackay & District Spinal Injuries Association (MDSIA): The Myrtle Caddy Paravilla

Address: 391 Bridge Road, West Mackay Q 4740

Phone:07 4957 2180

Services Offered: The Myrtle Caddy Paravilla offers respite, supported accommodation and in home support to people with spinal injuries. Paravilla provides temporary and transitional accommodation for up to five people. It has one respite bed.

#### **Mackay Life Enhancement Group Inc**

Address: 24 Ginger Street, Mackay Q 4740

Phone: 07 4952 5277

Services Offered: Assistance in respite arrangements specific to individual

needs.

#### **Mackay Lifestyle Choices**

Address: 3 Preston Street, Slade Point Q 4740

Phone: 07 4955 0355

Services Offered: Group activities and one/one support in safe and

enjoyable environment. In-house respite for members.

#### **Ozcare**

Address: 32 Victoria Street, Mackay Q 4740

Phone: 4961 8600

Services Offered: In home & community respite for carers – can include

community access.



### **COMMUNITY ACCESS SUPPORT**



#### **Carers Queensland**

Address: 4/19 Palmer Street or PO Box 3066, North Mackay Q

4740 :

Phone: 07 4944 0544

Services Offered: To unpaid Family Carers, counselling, support, Community Development, Support Groups, information and referral,

advocacy, Telstra vouchers scheme.

#### **Endeavour Foundation**

Address: 418 Shakespeare Street, Mackay Q 4740 07

Phone: 4944 2200

Services Offered: Flexible Lifestyle Support in the community.

#### Golden Doves Home Respite Care

Address: Suite 2/344 Alfred Street, Mackay Q 4740 :

Phone: 07 4953 0253

Services Offered: In home care and community access.

#### **Good Beginnings Home Based Family Support Program**

Address: 4 George Street, Mackay Q 4740

Phone: 07 4951 0428

Services Offered: Volunteer home visiting program. (see Additional

Descriptions of Support Services for further information)

#### **Hinterland Community Care Inc**

Address: Queen Elizabeth Drive, Dysart Q 4745

Phone: 07 4958 2116

Services Offered: Accessing community events through social support

program.

## Home & Community Health Unit - Mackay Community Health Centre (Qld Health)

Address: 12 - 14 Nelson Street, Mackay Q 4740

Phone: 07 4968 3823

Services Offered: The Aged Care & Disability Unit visits clients and families in their own home to access needs, to provide education, information, support, advocacy, and Chronic Disease Management Members of this Unit liaise with other services and agencies to enable the client to remain in the environment of their own choice for as long as possible.

#### **Keppel Community Care Association Inc.**

Address: Shop 4 B Discovery Lane Mackay Q 4740

Phone: 4840 0000

Services Offered: This group provides respite, domestic help, community access and personal care services. They have a Mental Health Program, Aged Care Program and offer group based and individual programs.

#### **Life Stream Foundation**

Address: Cnr Juliet Street and Bridge Road, Mackay 4740

Phone: 07 4957 4612

Services Offered: Life Stream have many sporting bodies supporting them and they are always willing to lend a hand.

#### **Mackay & District Education Centre Ltd**

Address: 15 Peel Street, Mackay Q 4740

Phone: 07 4951 1233

Services Offered: Support for clients in the community on outings or recreational activities. Individual Lifestyle plans. Flexible support. Identified needs. Referral and support with advocacy. No transport

issues. One – one only.

#### **Mackay Life Enhancement Group Inc**

Address: 24 Ginger Street, Mackay Q 4740 :

Phone: 07 4952 5277

Services Offered: Provide support for participation in specific and generic

community based educational, recreational and leisure activities



#### **Mackay Lifestyle Choices**

Address: 3 Preston Street, Slade Point Q 4740

Phone: 07 4955 0355

Services Offered: Group activities and one/one support in safe and enjoyable environment. In-house respite for members. Encourage members to become involved in mainstream community activities.

#### Mackay Regional Financial Counselling Service

Address: 4 George Street, South Mackay Q 4740

Phone: 07 4957 2626

Services Offered: Service can provide community education ie. Workshops.

#### Mackay Riding for Disabled association Inc

Address: 11 Loughnane Court, North Mackay Q 4740

Phone: 07 4953 1055

Services offered: Providing pony rides and lessons to disabled, thus

Providing recreational and stimulating activities.

#### Mackay Yamadi Lera Yumi Meta Association Inc

Address: Level One, 46 Macalister Street, Mackay Q 4740

Phone: 07 49578121

Services Offered: Transport (helping people get to the doctors or shopping,

getting around the community—wheelchair Accessible bus.)

#### <u>Multicap</u>

Address: P.O. Box 4123, South Mackay Q 4740

Phone: 0427 038 115

Services Offered: Support clients to access community activities.

#### **Prescare**

Address: 132 Wood Street, Mackay Q 4740

Phone; 07 4963 0922

Services offered: Domestic assistance, social support, yard maintenance and

heavy duty cleaning.

#### Where to go for Help Group

Address: 23 van Eldik Ave, Andergrove Q 4740

Phone: 07 4955 7789

Services Offered: Disability Expo yearly. Organising community forums and

speakers for various topics at these forums.



**ADVOCACY SERVICES** 

**Australian Association** 

Address: PO Box 1894, Ma Phone: 07 4942 6587

Services Offered: AASE advoc with disabilities. They may be

with disabilities. They may be for government funding to facilitate the transition process and to increase the opportunities for young people with disabilities to be equitably

n (AASE)

opportunities for young people with disabilities to be equitably involved in opportunities for further education, vocational training, employment options and community participation.

**Blue Care Mackay Respite Centre** 

Address: I Casey Avenue, Mackay Q 4740

Phone: 07 4951 3756

Services Offered: Supporting our clients in advocacy.

**Blue Care Sarina Respite Centre** 

Address: 35 Brewers Road, Sarina Q 4737

Phone: 07 4943 1344

Services Offered: Supporting our clients in advocacy.

**Child & Youth Mental Health Service** 

Address: 12 - 14 Nelson Street, Mackay Q 4740:

Phone: 07 4968 3893

Services Offered: Attendance at Case Conferences with schools or

other organisations at client's request.

Commonwealth Carer Respite Centre - Mackay

Address: Cnr Evan and Kennedy Streets, Mackay Q 4740

Phone: 1800 059 059

Services Offered: Advocacy and support offered for carers.



#### **Galaxy Project (auspiced by Blue Care)**

Address: 60 Wellington Street, Mackay 4740

Phone:

Services Offered: Support to negotiate with schools, finances etc. for clients accessing the Galaxy Project.

#### Kalyan Youth Service Inc

Address: 4 Goldsmith Street, Mackay Q 4740:

Phone: 07 4951 4352

Services Offered: Kalyan Youth Service Inc can advocate for their residents

only.

#### <u>Mackay & District Respite Care Association Inc - Engedi</u> <u>Respite Care</u>

Address: 15 Harbour Road, Mackay Q 4740

Phone: 07 4944 1989

Services Offered: Support in identifying and pursuing favourable outcomes.

#### **Mackay Advocacy Inc**

Address; Suite 5, City Court, 78 Victoria Street, Mackay Q 4740

Phone: 07 4957 8710

Services Offered: We provide free advocacy support for people with

disabilities to help them obtain their rights.

# Mackay Regional Financial Counselling Service (George Street Neighbourhood Centre

Address: 4 George Street, South Mackay Q 4740

Phone: 07 4957 2626

Services Offered: Service can negotiate with creditors on behalf of

Clients

#### **National Stroke Foundation Helpline**

Address:

Phone: 1800 78 7653

#### **Ozcare**

Address: 32 Victoria Street, Mackay Q 4740

Phone: 4961 8600

Services Offered: Act as advocates where required/requested to ensure clients receive appropriate services, care & support.



#### Where to go for Help Group

Address: 23 Van Eldik Ave, Andergrove Q 4740

Phone: 07 4955 7789

#### Youth Information & Referral Service

Address: 60 Victoria Street, Mackay Q 4740

Phone: 07 4957 7949

Services Offered: Under our individual support program we are able to provide individual advocacy around identified needs of

the young person.

## **INFORMATION SERVICE**

**Child and Youth Menta** 

Address: 12-14 Nelson Sti Phone: 07 49683893

Services Offered: Information packs and sessions on specific Mental Health

Issues

Commonwealth Carelink Centre - Mackay

Address: Cnr Evan and Kennedy Streets, Mackay Q 4740

Phone: 1800 059 059

Services Offered: Commonwealth Carelink Centres provide free, up to date, confidential information for frail older people, younger people with disabilities, carers, families, GP's and other service providers about support services available in local areas and across Australia.

Commonwealth Carer Respite Centre - Mackay

Address: Cnr Evan and Kennedy Streets, Mackay Q 4740:

Phone: 1800 059 059: 1800 059 059

Services Offered: Information and referral to appropriate agencies and other

support services for carers

**Department of Employment & Training** 

Address; Level 4, 44 Nelson Street, Mackay Q 4740:

Address: 4842 8354

Services Offered: The Department administers the apprenticeship and traineeship system. The Department is also responsible for employment programs that give Queenslanders the opportunities, skills and experience They need to take their place in the workforce. For more information the

web address is: www.trainandemploy.qld.gov.au



#### **Disability & Abuse Neglect Hotline**

Phone: 1800 880 052

Services Offered: Report service for people concerned about treatment by a government funded organisation.

#### **Disability Discrimination Legal Service (DDSL)**

Address:

Phone: 1800 65 0197, 4031 7358

Services Offered: Report and legal services re discrimination issues.

#### **Disability Information Service**

Address: 75 William Street, Brisbane Qld 4001

Phone: 1800 177 120

Services Offered: Disability Information Service provides information on a variety of issues in the disability area including accommodation, employment, financial matters and advocacy. Disability Information Service is a service based in Brisbane but has a toll

free number for people residing outside the Brisbane area.

#### **Department of Communities, Child Safety and Disability Services- Mackay Office**

Address; Level 2, 44 Nelson Street Mackay

Phone: 07 4898 6600

Services Offered: DCCSDS is able to provide information on services available locally and across the state as well as providing information on the services/ programs funded by DSQ.

#### **Endeavour Foundation**

Address: 418 Shakespeare Street, Mackay Q 4740

Phone: 07 4729 6000

Services Offered: Phone information provided.

#### **Galaxy Project (auspiced by Blue Care)**

Address: 60 Wellington Street, Mackay Q 4740

Phone: 07 4957 6016

Services Offered: Information on services in the community, basic

behaviour management, referral to other services, guest

speaking, etc.

#### **Good Beginnings Home Based Family Support Program**

Address: 4 George Street, Mackay Q 4740

Phone: 07 4951 0428

Services Offered: Volunteer home visiting program providing information and referral to families. (see Additional Descriptions of Support Services for

further information)

#### **Hinterland Community Care Inc (HHACES)**

Address; Queen Elizabeth Drive, Dysart Q 4745

Phone: 07 4958 2116

Services Offered: Referral to service providers.

#### **Home & Community Care (HACC)**

Address:

Phone: 1800 242 636

Services Offered: Services for frail older people, young people with disabilities and their carers to assist people to stay at home as long as possible.

# Home & Community Health Unit - Mackay Community Health Centre (Qld Health)

Address 12 - 14 Nelson Street, Mackay Q 4740

Phone: 07 4968 3823

Services Offered: Information on Health Issues and other services available.

#### Kalyan Youth Service Inc

Address: 4 Goldsmith Mackay Q 4740:

Phone:07 4951 4352

Services Offered: Kalyan Youth Service Inc is able to assist residents only, usually with referrals to other support services.

#### **Life Stream Foundation**

Address: Cnr Juliet Street and Bridge Road, Mackay 4740

Phone: 07 4957 4612

Services Offered: Life Stream's phone and office is always contactable

for information on their services.



#### Mackay & District Education Centre Ltd JPET

Address: 15 Peel Street, Mackay Q 4740

Phone; 07 4951 1233

Services Offered: Our aim is to provide information regarding any issues impacting on the lives of young people. Aprogram for 15 to 31 year olds. Get Back On Track. Information for young people: \*Find a place to live \*Get back into school or training \*Work out your finances \*Sort out your life \*Get yourself a job

#### <u>Mackay & District Respite Care Association Inc - Engedi</u> <u>Respite Care</u>

Address; 15 Harbour Road, Mackay 4740

Phone: 07 4944 1989

Services Offered: Information relating to services potentially available from this and other organisations. Networking.

#### Mackay Life Enhancement Group Inc.

Address: 24 Ginger Street, Mackay Q 4740

Phone: 07 4955 5277 E-mail: <a href="mlegi@easynet.net.au">mlegi@easynet.net.au</a>

Services Offered: Phone information provided.

#### Mackay Regional Community Legal Centre Inc

Address: Suite 4, City Court Arcade, 80 Victoria Street, Mackay  ${\sf Q}$ 

4740

Phone: 07 4953 1211

Services Offered: MRCLC provides legal information, advice and referral, as well as brief counselling and referral. The service operates on the first and third Wednesday of each month from 6pm by appointment only.

This is a free service with no means test.

# <u>Mackay Regional Financial Counselling Service</u> (George Street Neighbourhood Centre)

Address;4 George Street, South Mackay Q 4740

Phone: 07 4957 2626

Services Offered.: The Mackay Regional Financial Counselling Service is funded by the Commonwealth Financial Counselling Program to provide support, information, options and advocacy to individuals, families and small business Operators experiencing personal financial difficulties.



## Mirani Family & Individual Support Centre (Lifeline)

Address: Victoria Street, Mirani Q 4754

Phone: 07 4959 1806

Services Offered: Up to date Community Resource Services available.

#### **Ozcare**

Address: 32 Victoria Street, Mackay Q 4740

Phone: 4961 8600

Services Offered: Can provide information re continence,

health & diabetes care, wound care, community care options, etc.

#### **Community Solutions**

Address: 67 Sydney Street, Mackay Q 4740

Phone: 07 4941 8888

Services Offered: We can assist with access to information and services

that are available

### **Queensland Aged & Disability Advocacy**

Address:

Phone: 1800 818 338

Services Offered: Advocacy, information for carers and care recipients.

## **Queensland Deaf Society**

Address; Head Office - 473 Annerley Road, Annerley Q 4103

Phone: 1300 789 439

Services Offered: Information on issues surrounding Deafness, including communication strategies, technological support, education issues and ideas on access.

## **Regional Disability Liaison Officer**

Address: C/- Equity and Diversity Office, CQU, Rockhampton

**CQMC 4702** 

Phone: 07 4930 6394

Services Offered: Information on the personnel and supports available to students and the planning necessary to enter into post-secondary education and training.

## Sarina Family & Individual Support Centre (Lifeline)

Address: East Street, Sarina Q 4737

Phone: 07 4943 2909

Services Offered: Up to date Community Resource Services available.

# Spinal Injuries Association (formerly The Paraplegic & Quadriplegic Association of Qld Inc)

Address:88 Ross River Road, Cranbrook Q 4814

Phone: 07 4755 1755

Services Offered: The Community Advisory service offers information and support for people with a spinal cord

Injury over 16 years of age (free service).

## Where to go for Help Group

Address: 23 Van Eldik Ave, Andergrove Q 4740

Phone; 07 4955 7789

Services Offered: Help people find what services and information about disability that is available in the

Mackay & District.

## **Youth Information & Referral Service**

Address: 60 Victoria Street, Mackay Q 4740

Phone: 07 4957 7949

Services Offered: Our aim is to provide information regarding any issues impacting on the lives of young

people.





# ENT SUPPORT SERVICES

#### **CRS** Australia

Address: Level 3, 123 Victoria Street, Mackay Q 4740

Phone: 07 4967 2400

Services Offered: If you have a disability, injury or health condition our professionally qualified staff can work with you to develop a rehabilitation and job-seeking program. CRS Australia may provide rehabilitation programs free of charge for eligible clients. CRS Australia can assist you to manage your disability, injury or health condition so that you can get and keep a job. We help you do this by Assessing the effect of your injury, disability or health condition in relation to work; Working out supports you may need; Helping you decide on what type of job; Helping you get the skills you need; Helping you find the right job; Helping you keep that job. We have been providing caring and high quality rehabilitation to Australians for more than 60 years. CRS Australia is a nationwide network.

## **Department of Education, Employment & Training**

Address: Level 4, 44 Nelson St, Mackay Q 4740

Phone; 1800 210 210

Services Offered: We provide information on apprenticeships and traineeships. Our Employment section offers funding to not-for-profit community based organizations in the form of Community Jobs Program and Community Employment Assistance Programs.

#### **Endeavour Business Services**

Address: 2 David Muir Street, Slade Point Q 4740

Phone; 07 4955 1533

Services Offered: ENDEAVOUR DIRECT, Slade Point



#### **Ideal Placements**

Address: 6/134 Victoria Street, Mackay Q 4740

Phone: 07 4957 8177

Services Offered: Assist clients to find and keep employment places.

## Mackay & District Education Centre Ltd JPET

Address; 15 Peel Street, Mackay Q 4740

Phone; 07 4951 1233

Services Offered: Our aim is to provide information regarding any issues impacting on the lives of young people. A program for 15 to 31 year olds. Get Back On Track. Information for young people: Find a place to Live Get back into school or training Work out your finances Sort out your life Get yourself a job

#### **Community Solutions**

Address; 70 Sydney Street, Mackay Q 4740

Phone: 07 4841 8888

Services Offered: Community Solutionsis a commonwealth funded community-based employment service that assists student /people that are disadvantaged or have a disability to access and maintain award wage employment. Community Solutions provide direct support on and off the worksite to assist with learning the requirements of the job.

#### Youth Information & Referral Service

Address; 60 Victoria Street, Mackay Q 4740

Phone: 07 4957 7949

Services Offered: Resumes and referrals and general information.

## Work Connection. Ltd Mackay

Address; Level I, Suncorp Building, 123 Victoria Street Mackay Q

4740

Phone:07 4957 3950

Services Offered: Work Connections can work with students while they are still at school.



# **FINANCIAL SUPPORT SERVICES**

Centrelink
Address; Cnr Victoria & Greg ts, Mackay Q 4740

Phone: 132 717

Services Offered: Carer payment, formerly pension, mobility allowance

Mackay & District Education Centre Ltd JPET

Address: 15 Peel Street, Mackay Q 4740

Phone: 07 4951 1233

Services Offered: Our aim is to provide information regarding any issues impacting on the lives of young people. A program for 15 to 31 year olds. Get Back On Track. Information for young people: Find a place to live Get back into school or training Work out your

finances Sort out your Life Get yourself a job



# **FURTHER STUDY ASSISTANCE**

**Central Queensland Inst** 

Address: Sydney Street, Mad Phone: 07 4940 3267

Services Offered: Life/Vocation for students with disabilities. Specialised loan equipment, tu

learning formats.

## Central Queensland University - Mackay Campu

Address: Boundary Road, Planlands Q 4740:

Phone: 07 4940 7577

Services Offered: Disability support for university study. Students must

supply own personal carer.

## **Department of Education, Employment & Training**

Address: Level 4, 44 Nelson St, Mackay Q 4740:

Phone: 1800 210 210

Services Offered: We can advise clients of types of traineeships and apprenticeships available. We are able to provide clients with information on

accredited courses and providers of training.

## **Regional Disability Liaison Officer**

Address: C/- Equity and Diversity Office, CQU, Rockhampton CQMC

4702

Phone: 07 4930 6394 / 0438 639400

Services Offered: Advice, referral and information on further study opportunities, including pre-enrolment campus visits and meetings with

course advisors, and support personnel.

# LEISURE AND RECREATION

**SERVICES** 

Blue Care Mackay Res

Address: I Casey Avenue, Phone: 07 4951 3756

## **Blue Care Sarina Respite Centre**

Address: 35 Brewers Road, Sarina Q 4737:

Phone: 07 4943 1344

Services Offered: Daytime activity programme. Wheelchair accessible transport and building. Mid day cooked meal. Social support. We also run a transition programme where pupils with disabilities can access our service (with school approval) on Mondays in preparation for when they leave school.

#### **Boredom Busters**

Address: Andergrove Community Centre, Celeber Drive,

Andergrove Q 4740

Phone; 07 4942 2833

Services Offered: Art/Craft activities, occasional outings, shopping for materials. If the person has high support needs then we request that they be accompanied by a parent/carer/ staff member.



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#### **Crossroad Arts Theatre**

Address: Shakespeare Street, Mackay Q 4740:

Phone: 07 4953 5122

Services Offered: Crossroad Arts is a community arts group that primarily works in theatre.. Crossroad Arts is not specifically for people with a disability, but is inclusive of any member of the community that wishes to participate in the theatre from project to project. High support participants who generally require support will need to have a carer/support person to assist

#### Crossroads (Mackay)

Address: 423 Shakespeare Street, Mackay Q 4740:

Phone: 07 4957 7972

Services Offered: Crossroads offers a social program on the 3rd Friday of each month in the St Paul's Uniting Church Hall, Macalister Street from 7.00pm to 9.00pm. The main objective is to allow people with disabilities the opportunity to participate in social activities and to generally have a good time. The varied activities include discos, barbeques, games, dinners, Bush dancing and Square dancing. This is an activity of the Uniting Church for Christian Fellowship with people with disabilities.

#### **Endeavour**

Address; 418 Shakespeare Street, Mackay Q 4740

Phone: 07 4944 2200

Services Offered: Combined with our Community Access Program.

## Kalyan Youth Service Inc

Address; 4 Goldsmith Street , Mackay Q 4740

Phone: 07 4951 4352

Services Offered: Kalyan Youth Service Inc is able to provide some

recreation to residents only.

#### **Life Stream Foundation**

Address; Cnr Juliet Street and Bridge Road, Mackay Q 4740

Phone: 07 4957 4612

Services Offered: Life Stream offers an exciting range of programs aimed at assisting people with disabilities to become actively involved in community based sport, recreation and leisure. They co-ordinate:

\* Day trips, weekend trips and holidays; \*Recreation development programs; \*School Holiday programs; \* Life Stream sports (all ages Special Events \*Club Life Stream (18years and over) \*Lifestyle programs (cooking, fitness etc.) \*Elite Athlete support.



#### **Mackay & District Education Centre Ltd**

Address: 15 Peel Mackay Q 4740

Phone: 07 4951 1233

Services Offered: Implementing programs designed by client and their families, through Individual Lifestyle Plans. Support clients in activities they

want to do eg. cinema, park.

## <u>Mackay Libraries - Mackay City Library ; Mackay Libraries -</u> Gordon White Library

Address: Gordon Street, Mackay Q 4740 Phillip Street, Mt Pleasant Q

4740

Phone: 07 4957 1787 Contact Number: 07 4944 3000

Services Offered: Range of computer hardware and software for people with a print disability, including large keys keyboards, touch-screen technology, customizable (overlay) keyboards, trackball mouse options, and specialist software such as literacy and numeracy programs, phonetic spell-checking software, and text and Internet reading software. Range of resources for people of all ages with a hearing disability, including books, videos, DVDs and AUSLAN kits.

### **Mackay Life Enhancement Group Inc**

Address: 24 Ginger Street, Mackay Q 4740

Phone: 07 4952 5277

Services Offered: Provide support for participation in a wide range of

community based recreational and leisure activities.

## **Mackay Riding for Disabled Association Inc**

Address; 11 Loughnane Court, North Mackay Q 4740:

Phone: 0749531055

Services Offered: Providing pony rides & lessons to disabled, thus

providing recreational and stimulating activities.

## Mackay Yamadi Lera Yumi Meta Association IncLevel One, 46

Address: Macalister Street, Mackay Q 4740

Phone: 07 4957 8121

Services Offered: Activities (craft, singing, bus outings, men's outings, fishing, etc). This is called Centre Based Day Care.

Phone; 0408 728 326

Services Offered: Support clients in activities they want to do eg. cinema,



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## **Mackay Lifestyle Choices**

Address: 3 Preston Street, Slade Point Q 4740

Phone: 07 4955 0355

Services Offered: Group activities and one/one support in safe and enjoyable environment. In-house respite for members. Encourage members to become involved in mainstream activities. Teach Life skills.

## Multicap

Address: PO Box 4123, South Mackay Q 4740

Phone: 0416 269 518

Services Offered: Support clients in activities they want to do eg.

Cinema, park.

## **Sporting Wheelies & Disabled Association**

Address; 37 Boddington Street, Mackay Q 4740

Phone: 07 4953 1991

Services Offered: Sporting Wheelies provide sport and recreation

opportunities for people with a physical disability and vision

impairment.



## **DAY SUPPORT SERVICES**

## Commonwealth Carer Respite Centre - Mackay

Address: Cnr Evan and Kennedy Streets, Mackay Q 4740

Phone: 1800 059 059 1800 059 059

Services Offered: Funding for Respite Care in emergency or short term

planned care situation.

#### **Endeavour ATSS**

Address; 418 Shakespeare Street, Mackay Q 4740 :

Phone: 07 4944 2200

Services Offered: Adult Training Support Services from 9am - 3pm, five

days a week.

## **Golden Doves Home Respite Care**

Address; Suite 2/344 Alfred Street, Mackay Q 4740

Phone: 07 4953 0253

Services Offered: In home and community access respite support.

# Home & Community Health Unit - Mackay Community Health Centre (Qld Health)

Address; 12 - 14 Nelson Street, Mackay Q 4740

Phone; 07 4968 3823

Services Offered: Limited in-home respite for small isolated communities in the Mackay Region.

# **Keppel Community Care Association Inc.**

Address: Shop 4 Discovery Lane Mackay Q 4740

Phone; 4840 0000

Service Offered: This group provides respite, domestic help, community access and personal care services. They have a Mental HealthProgram, Aged Care Program and offer group based and individual programs.

## Kalyan Youth Service Inc

Address; 4 - 6 Park Street, Mackay Q 4740

Phone: 07 4951 4483

Services Offered: Kalyan Youth Service Inc is able to provide referrals or assistance with whatever is required for their residents.



#### Life Stream Foundation

Address: Cnr Juliet Street and Bridge Road, Mackay Q 4740

:Phone; 07 4957 4612

Services Offered: Life Stream offers sport, recreation and leisure programs

#### **Life Without Barriers**

Address; PO Box 7101, Mackay Mail Centre Q 4741:

Phone: 0437 045 988

Services Offered: Community access/youth work/recreational/vocational

support.

## Mackay & District Education Centre Ltd (MADEC)

Address: 12 Gregory Street, Mackay Q 4740

Phone; 07 4951 1233

Services Offered: Support for clients in the community on outings or recreational activities. Individual Lifestyle plans. Flexible support. Identified needs. Referral and

support with advocacy. No transport issues.

## **Mackay Life Enhancement Group Inc**

Address; 24 Ginger Street, Mackay Q 4740

Phone: 07 4952 5277

Services Offered: Development of individual programs to enhance skills, facilitate community access and educational development as well as small group recreation and leisure opportunities.

## Mackay Riding for Disabled Association Inc

Address; II Loughnane Court, North Mackay Q 4740 :

Phone; 07 4953 1055

Services Offered: Providing pony rides & lessons to disabled, thus

providing recreational and stimulating activities

## Mackay Yamadi Lera Yumi Meta Association Inc

Address: Level One, 46 Macalister Street, Mackay Q 4740

Phone: 07 4957 8121

Services Offered: Centre based day care activities eg. craft, singing, bus outings, men's outings, fishing, etc. Targets the Aboriginal, Torres Strait Islander and Australian South Sea Islander community. Clients must be HACC eligible frail aged and younger disabled people and their carers

## Meals on Wheels

Address: 428 Shakespeare St, Mackay Q 4740

Phone: 1800 880 052

Services Offered: Meals delivered for \$6:50 each.

Multicap

Address: PO Box 4123, South Mackay Q 4740



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